

Notes for beginners

We know it can be a bit daunting for those of you who have not competed in the Nationals before, but don't worry, it's as much about having a good time on and off the water as it is about the racing. It is a holiday for all of us, after all.

- Prize for top first-timer
- We'll be doing all we can to ensure you have a good time, including buddy system, fantasy league competition and pre-racing dinghy park walk to give you boat set-up tips

If you're thinking of coming along here is some useful advice

- Enter as soon as you can. If you 'um' and 'ah' too long you'll find an excuse not to come (+ there's a discount for early entry)
- Book holidays from work in good time
- Book your accommodation
- Look over your boat before you travel. Replace frayed ropes (especially non-obvious ones like rudder downhaul, toestraps and clewstrap)
- Check all screws and bolts are tight
- Bring tool box and a few spares
- Bring beer vouchers
- Pack smile

If you're still not sure, contact us via the RS300 website or via the RS300 Class facebook page.



Guide to the 2017 Nationals

Prestwick SC

24-27 August

A welcome return to the hosts of the 2010 & 2014 Nationals



- 4 days of spectacular racing
- Tidal-free sea sailing
- Easy launching
- Secure dinghy park in club compound
- Full social programme
- Plenty of things to do for non-sailors

The racing

- Racing area straight off the beach
- 10 races over 4 days
- 45 minute race duration
- 2 races planned for first & final days to ease travelling
- Afternoon start on the first day
- 2 discards if at least 8 races completed

For further details and entry watch out for announcements on www.rs300sailing.org



www.prestwicksailingclub.co.uk

On the social

The coastal town of Prestwick is Scotland's oldest baronial burgh, dating back over a thousand years. The Scottish King, Robert the Bruce, is said to have drunk water here, and Bruce's Well can still be seen today. The Robert Burns Museum is close by in Alloway, the Ayrshire town where Robert Burns was born. The famous Burns Cottage is also part of the museum and sits close to Brig O'Doon and the spooky Alloway Kirk.

Prestwick offers a full range of indoor and outdoor leisure facilities including an indoor swimming pool and one of the largest indoor bowling stadiums in Europe as well as an excellent tennis and leisure club which has indoor and outdoor courts.

The Main Street of Prestwick provides an excellent choice of restaurants, bars and bistros and a variety of independent shops to browse through.

Prestwick is the birthplace of The Open. There are more golf courses in the area than you can shake a stick at.

For those with children there are a number of excellent beaches close by.



